## **4-H SHOTGUN SHOOTING PROJECT**





Shooting sports teach youth a respect for firearms, help them develop discipline, and shotgun in particular encourages conservation of wildlife and habitats through the hunting aspect of the project.

- Practice safe firearms handling at all times
- Learn how humans affect wildlife areas
- Develop team building skills

# Starting Out Beginner

- Understand the six fundamental steps to firing a shotgun
- Know the parts of a shotgun and how they work.
- Idenfity whether or not a shotgun is loaded.
- Recognize range commands.
- Learn the important pieces of safety equipment

## Learning More Intermediate

- Identify the components of shotgun ammunition.
- Know the necessary pieces of equipment and methods for cleaning a shotgun.
- Demonstrate how to properly store and transport your shotgun.
- Identify types of wildlife and basic hunting practices.
- Understand how to use sights.

# Exploring Depth Advanced

- Identify errors in shooting form.
- Learn how to score a competition.
- Be able to properly fit a shotgun to the shoulder.
- Recognize different shotgun accessories and their functions.
- Understand choke function and affects.

#### **4-H THRIVE**

**Help Youth:** 

#### **Light Their Spark**

A spark is something youth are passionate about; it really fires them up and gives them joy and energy. Help youth find what it is about shooting sports that excites them.

#### Flex Their Brain

The brain grows stronger when we try new things and master new skills. Encourage youth effort and persistence to help them reach higher levels of success.

#### **Reach Their Goals**

Help youth use the GPS system to achieve their goals.

- **G**oal Selection: Choose one meaningful, realistic and demanding goal.
- Pursue Strategies: Create a stepby-step plan to make daily choices that support your goal.
- Shift Gears: Change strategies if you're having difficulties reaching your goal. Seek help from others. What are youth going to do when things get in their way?

#### Reflect

Ask project members how they can use their passion for this project to be more confident, competent and caring. Discuss ways they can use their skills to make a contribution in the community, improve their character or establish connections.

The activities above are ideas to inspire further project development. This is not a complete list.

Light Your Spark

Flex Your Brain

Reach Your Goals

Light Your Spark

Flex Your Brain

Reach Your Goals

## **Expand Your Experiences!**

#### Science, Engineering, and Technology

- Write a report on hunting endangered wildlife and how this is controlled.
- Create a presentation on the types of shotguns and how they are different.

#### **Healthy Living**

- Teach others the health bemefits of spending more time outside.
- Create a team building exercise involving shooting exercises.

#### Citizenship

- Organize a cleanup of a wildlife area.
- Volunteer during a shooting competition.
- Find a local marksman's club and visit a meeting or event.

#### Leadership

- Become a role model for others by taking the position of junior/teen leader.
- Encourage others to join the shotgun project.

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#### Resources

- National 4-H Shooting Sports www.4-hshootingsports.org
- California 4-H Shooting Sports <u>www.ca4h.org/Projects/SET/</u> <u>ShootingSports</u>
- National Skeet Shooting Association/National Sport Clays Association: <a href="http://www.nssa-nsca.org/">http://www.nssa-nsca.org/</a>

The UC 4-H Youth Development Program does not endorse, warrant, or otherwise take responsibility for the contents of unofficial sites.

#### **Connections & Events**

#### Curriculum

#### 4-H Record Book

Presentation Days – Share what you've learned with others through a shooting sports presentation.

Field Days – During these events, 4-H members may participate in a variety of contests related to their project area.

Contact your local county Extension Office to determine additional opportunities available, such as a county match or resource fair.

Georgia 4-H Shotgun Lesson Plans: http://www.georgia4h.org/safe/ disciplines/Shotgun/ Shotgun\_2014.pdf 4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their personal experiences, learning and development.

4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

To access the 4-H Record Book online, visit www.ca4h.org/4hbook.



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